

## NDVDA Private Practice and Consultation List 2007-2008

### **Linda Aills, RD**

1655 Cedar Hollow Way  
Reston, VA 20194  
703-625-3569  
Email: [LindaAills@ABetterWeigh.org](mailto:LindaAills@ABetterWeigh.org)  
Areas of specialty: Bariatric surgery, cardiovascular disease and wellness, hypertension, diabetes, lifestyle counseling and stress management, individual and group session, cooking classes and grocery store tours.

### **Roseleen Allen, MS, RD, CDE**

Registered Nutrition Counselors  
5670 Davis Ford Rd  
Manassas, VA 20112  
703-690-3465  
Email: [Nutriline@comcast.net](mailto:Nutriline@comcast.net)  
Areas of specialty: Diabetes, weight management, cholesterol reduction, hypoglycemia, digestive disorders, and metabolism testing.

### **Ann A. Bailey, RD**

1610 Kentucky Ave  
Woodbridge, VA 22191  
703-490-6402  
Email: [baileyaa@comcast.net](mailto:baileyaa@comcast.net)  
Areas of specialty: Food allergies and sensitivities, Certified LEAP therapist, wellness nutrition, weight management, dietary component of ADHD.

### **Susan Baum, RD, CDE**

Nutrition Consultant  
6400 Arlington Blvd, #940  
Falls Church, VA 22042  
703-999-6290  
Email: [susan.baum@verizon.net](mailto:susan.baum@verizon.net)  
Areas of specialty: Certified Diabetes Educator, gastrointestinal, cardiac-lipids, kidney disease, hypertension.

### **Nicole V. Brown, MS, RD, LD, HFI**

For the Health of It!  
6305 Cardinal Hill Place  
Springfield, VA 22152  
703-696-6114  
Email: [Nicole.brown@earthlink.net](mailto:Nicole.brown@earthlink.net)  
Areas of specialty: Individual and family counseling, programs/workshops, cardiovascular health, hypertension, childhood obesity, diabetes, exercise prescriptions, fitness evaluations, general nutrition/wellness, metabolic measurements, pediatric nutrition, pedometer use, sports nutrition, weight management.

### **Michelle Berman, MS, RD**

Nutritional Healing  
131 Church St NW, Suite 5  
Vienna, VA 22180  
703-504-8702  
Email: [nutrition23@cox.net](mailto:nutrition23@cox.net)  
Areas of specialty: Eating disorders, pediatrics, weight management, premenstrual syndrome, food-mood connection, wellness.

### **Judy Caplan, RD**

Nutrition Ammunition  
11440 Commerce Park Dr  
Reston, VA 20191  
703-758-2399  
Email: [judycaplan@gobefull.com](mailto:judycaplan@gobefull.com)  
Areas of specialty: Weight management, medical nutrition.

### **Pat Compton, RD**

10 Christopher Lane  
Sterling, VA 20165  
703-450-4465  
Email: [comptonp@comcast.net](mailto:comptonp@comcast.net)  
Areas of specialty: All ages and all diagnoses.

### **Elizabeth Davenport, MPH, RD**

2440 M St NW, Suite 429  
Washington, DC 20037  
703-836-1230  
Email: [epdavenport@yahoo.com](mailto:epdavenport@yahoo.com)  
Areas of specialty: Eating disorders and weight management.

### **Mary Lynn Duvall, RD**

MLD Nutrition Care Inc  
2110 D Gallows RD  
Vienna, VA 22182  
703-893-1615  
Email: [mldnutritioncare@cox.net](mailto:mldnutritioncare@cox.net)  
Areas of specialty: Eating disorders, weight management.

### **Denise Feil, RD, PT**

Health Power, LLL  
431 Olympia Way  
Great Falls, VA 22066  
703-421-4270  
Email: [dfeil3@cox.net](mailto:dfeil3@cox.net)  
Areas of specialty: Seminars, supermarket tours, resting metabolic rate testing, nutrition consulting, nutrition menu analysis, food safety instructor, personal trainer.

### **Kathy Glazer, MS, RD, LD**

Glazer Nutritional Consulting Services  
7205 Idylwood Court  
Falls Church, VA 22043  
571-213-1988  
Email: [kglazerrd@aol.com](mailto:kglazerrd@aol.com)  
Areas of specialty: Weight management, cardiovascular disease, hypertension, pediatrics, diabetes, digestive disorders, maternal nutrition, gerontology, general health and wellness, allergies.

### **Lise Gloede, RD, CDE**

Nutrition Coaching, LLC  
1635 N George Mason Dr, #485  
Arlington, VA 22205  
703-516-4973  
Email: [MyNutritionCoach@yahoo.com](mailto:MyNutritionCoach@yahoo.com)  
[www.nutritioncoachlise.com](http://www.nutritioncoachlise.com)  
Areas of specialty: Diabetes, weight management, cardiovascular disease, women's health, and vegetarianism.

### **Jean Harnisch, RD**

RD Connect, LLC  
135 Pheasant Ridge  
Woodstock, VA 22664  
540-459-7676  
Email: [rdconnect@yahoo.com](mailto:rdconnect@yahoo.com)  
Area of specialty: Assisted living.

### **Elizabeth Holm, DrPH, RD**

517 Wythe Street  
Alexandria, VA 22314  
703-660-9614  
Email: [emholm@verizon.net](mailto:emholm@verizon.net)  
Areas of specialty: Eating disorders, compulsive overeating, childhood obesity.

### **Jean Hoppe, RD**

Pratt Medical Center  
1101 Sam Perry Blvd, #401  
Fredericksburg, VA 22554  
540-368-5342  
Email: [jhoppe@prattmed.com](mailto:jhoppe@prattmed.com)  
Areas of specialty: Weight management, diabetes, cardiac, and eating disorders.

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### **Deborah Jeffery, RD**

Fairfax Dietetics  
150 Elden St, Suite 150  
Herndon, VA 20150  
703-201-1184  
Email: [DJefferyRD@aol.com](mailto:DJefferyRD@aol.com)  
Areas of specialty: Weight management for all age groups, pediatric nutrition, general nutrition/wellness, sports nutrition, metabolic testing, and maternal nutrition.

### **Holli Luongo, MS, RD**

Achieve Wellness, LLC  
13221 Coppermill Dr  
Herndon, VA 20171  
703-955-7980  
Email: [holli.luongo@achievewellness.net](mailto:holli.luongo@achievewellness.net)  
Areas of specialty: General nutrition, weight management, wellness and health promotion, heart disease (blood pressure and cholesterol).

### **Janice Monger, RD**

Taste of Health  
2633 Fort Farnsworth Rd  
Alexandria, VA, 22303  
703-329-7929  
Email: [janmonger@yahoo.com](mailto:janmonger@yahoo.com)  
Areas of specialty: Lifestyle changes, diabetes management, in-home cooking lessons, enteral/parenteral nutrition, cardiac/healthy living, oncology (pre and post treatment).

### **Rebecca Mohring, RD**

Expert Nutrition  
5105A Backlick RD  
Annandale, VA 22003  
571-437-5249  
Email: [Rebecca.mohring@expertonutrition.net](mailto:Rebecca.mohring@expertonutrition.net)  
Areas of specialty: Weight loss, sports nutrition, cardiovascular.

### **Susan Moore, MS, RD**

610 South Arlington Ridge Rd, #1200  
Arlington, 22202  
703-209-3334  
Email: [susan.moored@smooreconsultant.com](mailto:susan.moored@smooreconsultant.com)  
Areas of specialty: Disordered eating, irritable bowel syndrome, food allergies, weight management.

### **Joan Moran, RD**

Nutrient Chef  
Email: [moranjoan@juno.com](mailto:moranjoan@juno.com)  
11148 Boathouse Ct  
Reston, VA 20191  
703-304-2417  
Areas of specialty: Personal chef.

### **Nancy Muir, RD**

Nancy Muir Nutrition Consulting  
43259 Brownstone Court  
Ashburn, VA 20147  
703-729-5717  
Email: [muirnancy@comcast.net](mailto:muirnancy@comcast.net)  
Areas of specialty: Eating disorders, obesity, celiac, digestive disease, pediatric eating issues, hypertension, diabetes.

### **Marilyn L. Murphy, RD**

Dietetic Dimensions Inc  
6641 Kirby Court  
Falls Church, VA 22043  
703-536-2748

### **Sally Myers, RD, CPT**

Nutrition & Fitness for Health  
449 Carlisle Drive  
Herndon, VA 20170  
703-859-6045  
Email: [sallycpt@aol.com](mailto:sallycpt@aol.com)  
Areas of specialty: Bariatric surgery, weight loss management, geriatrics, sports medicine, personal trainer (ACE Certified 12 yrs).

### **Tu-ngoc Nguyen-Dang, MS, RD**

7297 Lee Highway, Suite F  
Falls Church, VA 22042  
703-241-2883  
Email: [tkmdang@hotmail.com](mailto:tkmdang@hotmail.com)  
Areas of specialty: Nutrition counseling and MNT for maternal nutrition, gestational diabetes, elderly nutrition, weight management, metabolic disorders, and renal disease.

### **Paula D. Payne, MS, RD**

Piedmont Nutrition Associates, Inc  
PO Box 283  
Marshall, VA 20226  
540-364-0153  
Email: [piedmontrdi@yahoo.com](mailto:piedmontrdi@yahoo.com)  
Areas of specialty: Diabetes, adult weight management, sports.

### **Sandra Pinney, MS, RD, LD**

2440 M Street Suite 429  
Washington, DC 20037  
202-296-7033  
Email: [scpinney@cox.net](mailto:scpinney@cox.net)  
Areas of specialty: Eating disorders adolescents.

### **Michele M. Powers, RD**

Nutrient Chef  
11148 Boathouse Ct  
Reston, VA 20191  
703-304-2417  
Email: [Michele@nutrientchef.com](mailto:Michele@nutrientchef.com)  
Areas of specialty: In-home nutrition counseling, healthy cooking instruction, weight loss/weight management, high cholesterol/high blood pressure, allergies/intolerances, pregnancy-multiple births and childhood nutrition.

### **Donna Robinson, MS, RD**

6355 Walker Lane, Suite 303  
Alexandria, VA 22310  
703-644-4461  
Email: [donnadiet@cox.net](mailto:donnadiet@cox.net)  
[www.donnarobinson.com](http://www.donnarobinson.com)  
Areas of specialty: Diabetes, high cholesterol, weight management, hypertension, pediatrics, metabolic testing and more.

### **Kathleen Rodgers, MA, RD, CDE**

General Internal Medicine Group, PC  
3022 Williams Dr, #300  
Fairfax, VA 22031  
703-573-9800  
Email: [Healthsense@verizon.net](mailto:Healthsense@verizon.net)  
Areas of specialty: Diabetes, sports nutrition, wellness, cardiovascular health.

### **Barbara Rovner, MS, RD**

B.L. Rovner Consultants, Inc  
2429 Ansdell Court  
Reston, VA 20191  
703-476-5336  
Email: [blrovner@aol.com](mailto:blrovner@aol.com)  
Areas of specialty: Nursing homes, food service.

## NDVDA Private Practice and Consultation List 2007-2008

**Sue Schiller, RD**

6920 Richard Place  
Annandale, VA 22003  
703-354-7659  
Areas of specialty: Pediatrics.

**Debra Schmidt, RD**

Healthhabits  
13617 Weinstein Court  
Centreville, VA 20120  
703-867-8468  
Email: [Debbie@healthhabits.com](mailto:Debbie@healthhabits.com)  
Areas of specialty:  
lasses/presentations to  
groups/corporations on insulin  
resistance, men's nutrition, and  
weight loss keys.

**Shirley Scrafford, RD**

My Chef Shirley  
9016 Home Guard Drive  
Burke, VA 22015  
703-209-3919  
Email: [info@mychefshirley.com](mailto:info@mychefshirley.com)  
Areas of specialty: Personal chef  
services for healthy eating and special  
diets. Cooking lessons and  
demonstrations available. Menu  
planning and shopping included.

**Teri Travi RD, LD, CSP**

6865 Muskett Way  
Centreville, VA 20121  
703-362-8293  
Email: [ttravi@cox.net](mailto:ttravi@cox.net)  
Areas of specialty: Pediatrics

**Elizabeth Triner, RD**

Nutritional Analysis and Consulting  
1225 Martha Custis Drive, Unit 409  
Alexandria, VA 22302  
609-425-9036  
Email: [nacrd@aol.com](mailto:nacrd@aol.com)  
Areas of specialty: Gluten intolerance.

**Janet C. Wang, RD**

Wang Consulting  
16149 Dancing Leaf Place  
Dumfries, VA 22025  
703-730-4899  
Email: [JanetCWang@aol.com](mailto:JanetCWang@aol.com)  
Areas of specialty: Elderly nutrition.

**About NDVDA....**

Northern District Virginia Dietetic  
Association is a professional  
organization of Registered  
Dietitians (RD) and Diet  
Technicians (DTR). All RD's have  
a minimum of a Bachelor of  
Science Degree in Nutrition or  
related field and all have passed  
the American Dietetic  
Associations' registration exam.  
If you have any questions about  
the Association, the referral listing  
or are in need of a speaker please  
contact us at  
[NDVDANews@yahoo.com](mailto:NDVDANews@yahoo.com).

37 members  
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